SUICIDE: 2016 FACTS & FIGURES

Suicide is a preventable public health problem and a leading cause of death in the United States. More investment in suicide prevention, education and research will prevent the untimely deaths of thousands of Americans each year.

SUICIDE – BASIC FACTS

An American dies by suicide every 12.3 minutes

Americans attempt suicide an estimated 1.1 MILLION times annually

90% of those who die by suicide had a diagnosable psychiatric disorder at the time of their death

In 2014, firearms were the most common method of death by suicide, accounting for 49.9% of all suicide deaths, followed by suffocation (including hangings) at 26.7% and poisoning at 15.9%

For every woman who dies by suicide, four men die by suicide, but women are 3x more likely to attempt suicide

Nearly 43,000 Americans die by suicide every year! Suicide is the 10th leading cause of death in the United States

- 2nd leading cause of death for ages 44 and under
- 5th leading cause of death for ages 45-54
- The suicide rate among American Indian/Alaska Native adolescents and young adults ages 15-24 is 1.5 times the national average

Veterans comprise 22.2% of suicides

SUICIDE – THE COST

$44 BILLION

The combined medical and work loss costs in the United States each year

More than 1.6 MILLION years of life are lost annually to suicide

---

1 2014 data, released December 2015, CDC Web Based Injury Statistics Query and Reporting System (WISQARS)
2 National Center for Health Statistics for the year 2006
3 Centers for Disease Control and Prevention, Suicide – Facts at a Glance
4 Department of Veterans Affairs 2012 Suicide Data Report
SUICIDE DEATH RATES

- States with the highest suicide rate above the national rate of 12.93 per 100,000
- State with a suicide rate above the national rate of 12.93 per 100,000
- State with a suicide rate below the national rate of 12.93 per 100,000

2014 data, released December 2015, CDC Web Based Injury Statistics Query and Reporting System (WISQARS)